

# Woodlands Nurseries

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## GROW COURGETTES

**When** Spring-summer

**What you need** 2"-3" pots  
Large containers to transplant into  
Courgette seeds (soak overnight before sowing them)  
Multipurpose compost  
Tomato fertiliser  
Watering can

### About this project

Growing vegetables in containers is a good option for those with short on space, or for children, so they can see the plants grow in front of them! Courgettes are fast growing vegetables and are therefore ideal for children. They also taste great too and you can even eat the flowers!

Courgettes need to be watered regularly, especially when they are in flower and as the fruit starts to swell. Choose large containers to grow your courgettes in so that they don't dry out so quickly.

Once the crop is ready, harvest them regularly to stimulate more fruits to grow. You really will be amazed how quickly they'll produce more and more courgettes (almost overnight!)

### What to do

1. Fill individual pots with multipurpose compost
2. The seeds are large and flat. They should be planted pointing downwards into the compost to prevent them becoming too wet or rotting.
3. Place one seed in each pot and firm gently.
4. Water thoroughly and position on a warm windowsill. When the plants have developed a few leaves, harden off by placing outside during the day and bringing back in at night.
5. Plant the courgettes in large containers positioned in sunny, sheltered spots after any threat of frost has gone, usually late May.
6. Some trailing varieties may need the support of a bamboo cane. Stake in the container and use garden twine to tie the courgette to the cane. Pinch out the tips of trailing varieties when they are around 2' long.
7. Water your plants well and when the fruit start to swell, feed them every two weeks with a tomato fertiliser.

### Tips

- Many vegetables can be grown in containers. Mini-veg varieties are particularly good as they are specially bred or chosen to be picked young or grown closer together than normal size varieties.